

Information Events

Saturday 7th March 2020

Speaker Carol Wright Life Coach (Healthy Minds Matter)

Topic: Nutrition

Develop an understanding of your eating habits, sleep, stress and movement

Saturday 6th June 2020

Speaker Dr Peter Taylor BSC. MBChB. MSC Cardiff University

Topic: Discussion

The latest thyroid research studies

Saturday 5th September 2020

Speaker Dr David Hassell Consultant Clinical Scientist and Director of the specialist endocrine testing laboratory at Cambridge University Hospital

Topic: Understanding your blood test results

Coffee and registration
at 10.30

Guest speakers at
11.00 - Finish 1pm.

If you have been recently diagnosed or have a long-standing thyroid condition, come and join our friendly local meeting for more information

made possible by



These events are all held at:

**The Pavilion,
Open University,
Milton Keynes,
MK7 6AA**

For more
information visit
thyroidmk.co.uk

